

Nurse-led Clinics deliver free high-quality nurse care. Our nurses are healthcare professionals who have advanced education and deliver a range of health services.

Gore Whānau

140 Charlton Road

Mataura Whānau

1 Bridge

Waihopai Whānau

190 Forth Street

February/ Hui-tanguru

Monday 10th 10am - 2pm

March/ Poutū-te-rangi

Monday 3rd 10am - 2pm Monday 17th 12pm - 4pm

April/ Paenga-whāwhā

Monday 7th 10am - 2pm

May/ Haratua

Monday 5th 10am - 2pm Monday 19th 12pm - 4pm

June/ Pipiri

Monday 9th 10am - 2pm

July/ Hongongoi

Monday 14th 10am - 2pm

August/ Here-turi-kōkā

Monday 4th 10am - 2pm Monday 18th 12pm - 4pm

September/ Mahuru

Monday 1st 10am - 2pm Monday 15th 12pm - 4pm

October/ Whiringa-ā-nuku

Monday 13th 10am - 2pm

November/ Whiringa-ā-rangi

Monday 3rd10am - 2pm Monday 17th 12pm - 4pm

December/ Hakihea

Monday 1st 10am - 2pm

February/ Hui-tanguru

Monday 17th 10am - 2pm

March/ Poutū-te-rangi

Monday 10th 10am - 2pm Monday 24th 12pm - 4pm

April/ Paenga-whāwhā

Monday 28th 10am - 2pm

May/ Haratua

Monday 12th 10am - 2pm Monday 26th 12pm - 4pm

June/ Pipiri

Monday 16th 10am - 2pm



July/ Hongongoi

Monday 21st 10am - 2pm

August/ Here-turi-kōkā

Monday 11th 10am - 2pm Monday 25th 12pm - 4pm

September/ Mahuru

Monday 8th 10am - 2pm

October/ Whiringa-ā-nuku

Monday 6th 10am - 2pm Monday 20th 12pm - 4pm

November/ Whiringa-ā-rangi

Monday 10th 10am - 2pm Monday 24th 12pm - 4pm

December/ Hakihea

Monday 8th 10am - 2pm

Clinics are held:

Every Wednesday 2 pm - 7 pm

First clinic for the year:

Wednesday, 29th January 2025

Last clinic for the year:

Wednesday, 3rd December 2025



190 Forth Street, INVERCARGILL

Phone: 03 218 6668 or Freephone **0800 292 782**

Email: admin@awarua.nz





